



"My saving power will rise on you like the sun and bring healing like the sun's rays." Malachi 4:2

Shedding Shame Mending Minds Healing Hearts Saving Souls

Private, anonymous, online help for overcoming pornography and other unhealthy sexual behaviors.

Combining *Brain Science*, insights from *Theology of the Body* and the full support of our faith, it is a powerful tool for more joy and holiness.

While rooted in Catholic teaching and understanding, this program is open to people of all faiths who desire to reclaim their sexual health.

"RECLaiM addresses one of the most serious attacks being waged on the family today! I have personally asked Elizabeth Ministry to take on this challenge and ask you to do whatever you can to support this vitally important ministry of hope."
Bishop David L. Ricken – Diocese of Green Bay

"I do not think I am exaggerating when I say that I believe your approach will save many marriages and many souls."
Rev. Robert Sirico – Acton Institute Founder

"RECLaiM helps people to restore the original image of God which has been shattered by sexual addiction. It is a great gift to the Church."
Rev. Jay Kythe – Associate Chaplain Benedictine College

"RECLaiM recovers sexual values and identity. Much is at stake. For sex serves marriage. Marriage serves family. Family serves society." Rev. A. Percy – "TOB Made Simple" Author

"RECLaiM is an effective resource for understanding the brain science of sexual addiction and helping people counteract sexual temptations. It is an excellent addition to any comprehensive recovery program." Dr. P. Kleponis – Therapist

The RECLaiM Sexual Health program brings hope to persons struggling to find relief from addictions cultivated by the "new normal" culture. Using brain science, the desires of the heart for healing, and the truth as ordered by God in scripture, RECLaiM mends minds, heals hearts, and saves souls.
Christina Lynch, Psy.D. – Director of Psychological Services, St. John Vianney Theological Seminary, Denver, CO.

"RECLaiM is a wonderful Catholic resource that is well rounded in science. What a blessing to have this help available to those struggling with Internet pornography, to their partners and to therapist who are seeking to help."
Nancy Kluge, Ph.D., LCPC – National Speaker and Mental Health Therapist at Saint Luke Institute

See participant testimonials on our website.

RECLaiM+
GOD'S PLAN FOR Sexual Health

www.ReclaimSexualHealth.com
info@ReclaimSexualHealth.com

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RECLaiM+
GOD'S PLAN FOR Sexual Health

Brain Science of Behavior



In the Light of Faith

OVERCOME PORNOGRAPHY
and other unhealthy sexual behaviors
with this scientific, Catholic program.

Carries an Imprimatur and Nihil Obstat

www.ReclaimSexualHealth.com

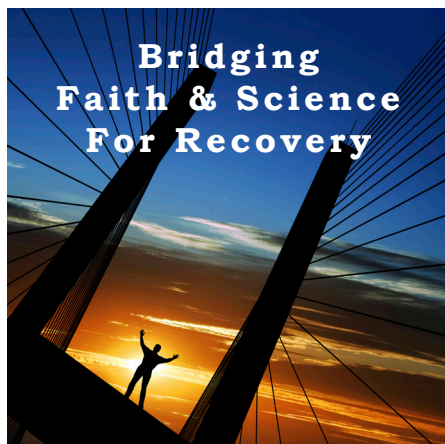
RECLAI*M* Sexual Health is a professional, science-based, Catholic, online program designed to help individuals overcome pornography use and other unhealthy sexual behaviors.

A unique integration of *Theology of the Body*, faith practices and *The Brain Science of Change* exercises, RECLAI*M* brings psychology and spiritual direction from a Catholic perspective to those in need.

RECLAI*M* is a powerful online resource designed to help struggling individuals integrate faith and recovery. Combining scripture, church teachings, sacraments and prayer, participants experience the full support of their faith in recovery efforts.

With the light of faith, the RECLAI*M* online program brings participants to an understanding of God's original plan for human sexuality as described in Genesis, giving them an opportunity to reclaim that purpose.

RECLAI*M* Sexual Health is a partnership between *Elizabeth Ministry International* and *Candéo*. With expertise in mental health, addiction recovery, neuroscience, and online technology, the *Candéo* professional team spent years creating a remarkable online recovery program. It has been tested and proven with thousands of struggling individuals in more than 80 countries worldwide.



Together, *Elizabeth Ministry International*, Catholic scholars, theologians and therapists created a Catholic format for this powerful recovery program designed to mend minds, save souls and heal hearts.

RECLAI*M*'S KEY ELEMENTS

help struggling individuals across the world to experience success!

1 Safe and Anonymous

For those burdened by fear, embarrassment and shame, RECLAI*M* provides a private, anonymous online resource for recovery.

2 The Brain Science of Change

Through online multi-media training, those enrolled in RECLAI*M* learn the brain science behind their unhealthy sexual behaviors. They learn how to use cognitive-behavioral tools and techniques to begin overcoming these behaviors.

3 Affordable Online Access 24/7

Using a computer, tablet, or cell phone, each individual receives the ongoing daily training, tracking, accountability and support they need to increase and sustain long-term change. They can get help when they need it, for as long as they need it, wherever they are in the world.

4 Tracking and Accountability

Those enrolled in RECLAI*M* have a Daily Tracking Calendar, a personal RECLAI*M* Program Coach, Messages and Reminders, access to a worldwide Member Discussion Forum, Ongoing Assessments, and many more tools. Long-term daily tracking and accountability are essential to lasting change.

5 Support People

Because a support system is vitally important, RECLAI*M* offers each member a personal coach, an online community forum (confidentiality maintained) and the ability to invite important people in your life into your recovery process.

6 Spiritual Resources

RECLAI*M* offers an opportunity to experience real spiritual growth and healing through a dynamic presentation of *Theology of the Body* and Divine Mercy. It incorporates the Church's teaching of sexual morality, encouragement in the use of the sacraments, membership in a strong faith community and the power of intercessory prayer.

Participants may choose to supplement RECLAI*M* with other professional help. Clergy and counselors can use the RECLAI*M* online platform and tools as a valuable resource and assistance with those they serve. Here are just a few examples—

Saves Time and Focus

Because RECLAI*M* provides many hours of media-rich, psycho-education and cognitive behavioral training, clergy and counselors can spend more time narrowly focusing on spiritual needs and underlying personal and relationship issues.

Tracking and Follow-up

RECLAI*M* provides clergy and counselors with their own training. RECLAI*M* can offer a way for you to address progress and appropriate follow-up. This online recovery program can be an effective addition to your comprehensive care.

In-Between Sessions

RECLAI*M* provides daily training, tracking, exercises, communication and support in-between visits, which maintains momentum and improves progress.

Crisis and Setbacks

Each RECLAI*M* participant receives extensive training and has immediate access to online tools for crisis and setback situations. This can provide critical help until their next session and serves as preparation for the Sacrament of Reconciliation.

Support Groups and Therapy

RECLAI*M* enhances and harmonizes with support groups and therapy.

Long-Term Continuing Care

After counseling sessions end, RECLAI*M* can continue providing long-term training, tracking and support.

Reach More People

Clergy and counselors can contribute to the RECLAI*M* online platform and technology to reach out to groups of individuals with a specific article, audio podcast or video training. It can be produced once, and reach many. Approved resources are stored in the RECLAI*M* online library for participant's future access.